



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Hot Dog in a Bun	Jerk Chicken	Roast Turkey	Bolognaise	Battered Fish Fillet
Vegetarian	Veggie Hot Dog in a Bun	Jerk Roasted Veg	Macaroni Cheese	Veg Bolognaise	Pizza
Daily	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta
Carbohydrate	Potato Wedges	Rice & Peas Plantain	Roast Potatoes	Pasta or Jollof Rice	Chips
Vegetables	Broccoli Sweetcorn	Green Beans Carrots	Mixed Vegetables Green Salad	Green Beans Cauliflower	Beans Peas
Dessert	Jam Sponge with Custard	Jelly	Chocolate Crispy Cake	Marble Cake with custard	Ice Cream

Available Daily

Fresh Salad Selection

Jacket Potatoes

Fresh Bread

Fruit Platter

Yoghurt Pots



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Cheesy Chicken Pasta	Beef Burgers	Roast Chicken	Meatballs	Baked Fish Fingers
Vegetarian	Cauliflower & Broccoli Pasta Bake	Veggie Burgers	Vegetable Wellington	Veggie Balls	Veggie Nuggets
Daily	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta
Carbohydrate	<i>included</i>	Potato Wedges	Roast Potatoes	Pasta	Chips
Vegetables	Green Beans Sweetcorn	Broccoli Mixed Peppers	Green Cabbage Carrots	Mixed Vegetables Cauliflower	Beans Peas
Dessert	Chocolate Cupcake	Strawberry Mousse	Apple Crumble with Custard	Pineapple Upside Down Cake	Ice Cream

Available Daily

Fresh Salad Selection

Jacket Potatoes

Fresh Bread

Fruit Platter

Yoghurt Pots