

Physical Education

Physical Education at Red Gates

Physical Education at Red Gates School includes body awareness, the development of crucial gross motor skills, learning how to engage with a variety of different pieces of equipment to support our children in their progression towards learning to play simple games together with their peers. Physical Education is recorded in Physical Development- Moving and Handling for pupils in EYFS, Science Enquiry (for pupils working below RG4) Physics (for pupils working at RG4 and above) and in Life Skills in the Interaction section.

EYFS

In the Early Years Foundation Stage, PE involves learning about how our body works and moves and the development of necessary gross motor skills. Pupils are encouraged to experiment moving in different way, using different body parts and motivating equipment. Sherbourne is widely used to promote body awareness and positive interactions. PE sessions take place in the Hall or in the outdoor EYFS playground. Pupils will be offered plenty of opportunities to explore different equipment such as tricycles, scooters and different types of playground equipment. By the end of the Early Years Foundation Stage, we aim for our pupils to progress to Key Stage 1 with a greater sense of confidence in their body movements and a continuing foundation in how to use basic equipment greater independence. Cross-curricular links include turn-taking and sharing (PSHE), gross and fine motor skills (Writing), hopscotch (Maths) and ring games (Communication and Music). All pupils in EYFS also have access to a term of dance led by a RADiate Dance instructor.

LISS

In the LISS Pathway, Physical Education begins with body awareness and gross motor skills development in Key Stage 1 and develops into learning the necessary skills involved with simple team games and small group games. Pupils in Key Stage 1 will begin to learn gross motor movements and develop their balance and coordination, both of these skills will be necessary when pupils progress to Key Stage 2 and begin learning how to put these actions together in friendly competitions. Pupils in this Pathway will also be taught the values of sport when and where appropriate e.g. respect, winning, losing and having fun together. Physical Education sessions will take place in the Hall or in an outdoor area using a variety of motivating equipment and will be more structured with the focus for the lesson being to learn a specific skill or a team game. Cross-curricular links include sorting, matching, ordinal number work (Maths), experiments with speed (Science Physics) and dressing for PE (PSHE and Independence). Pupils in the LISS Pathway will also have an opportunity to engage in Dance sessions with a dance teacher from RADiate Dance and all pupils across the Pathway will participate in a yearly Sport's Day event, where they will learn to complete a short course of simple actions, racing alongside their peers.

Sensory

*In the Sensory Pathway, PE involves body awareness and the development of gross motor skills. Pupils will learn how their body works and moves through engaging **Sherbourne sessions**, Intensive Interaction and RADiate Dance sessions. Physical Education sessions will be taught in a free-flow environment in the Hall or in outdoor areas, through the use of motivating equipment where pupils can have the opportunity to develop critical gross motor skills (e.g. balancing across stepping stones, jumping on trampettes, crawling through a tunnel, rolling along physiotherapy balls). The end goal for our pupils in this Pathway being to develop a sense of their body, their personal space and the ability to use PE equipment safely with greater independence. Cross-curricular links include taking turns and sharing (PSHE), allowing others into their space and engaging in 1:1 interactions (Communication), following simple actions and instructions (Maths) and experimenting with different body movements and different equipment (Science Biology and Physics). Pupils will participate in a yearly Sport's Day event, where they will learn to complete a short course of simple actions, racing alongside their peers. **Sensory circuit, bike area, swimming, horse riding, forest school, community visits***

ASD

In the ASD Pathway, PE is a combination of body awareness, gross motor skills development and learning the necessary skills involved in simple team games. PE in the ASD Pathways presents similar to LISS, but how it is taught will differ. Pupils in the ASD Pathway benefit from a more structured, routine approach to learning. This is no different in PE. Lessons will have a clear structure and expectations will be made clear to pupils through the use of action symbols and visual modelling. The equipment used may be more specific and there may be less put out to allow pupils to focus on the task or skill at hand. Sessions will take place in the Hall or in outdoor areas and pupils may engage in sessions in smaller groups to allow for greater focus. Similarly to the LISS Pathway, pupils will learn specific skills first, prior to combining these skills in simple games. Pupils in the ASD Pathway will be taught the values of sport as well when and where appropriate e.g. respect, winning, losing and having fun together. Cross curricular links include learning different verbs in order to comment on their actions or a peer's actions (Communication), learning simple action sequences and developing action sequences of their own (Maths) as well as dressing and the values of sportsmanship (Independence and PSHE). All pupils will participate in RADiate Dance sessions led by a trained dance instructor; as well as a yearly Sport's Day event, where they will learn to complete a short course of simple actions, racing alongside their peers.