



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Sausages	Sweet & Sour Chicken	Beef Lasagne	Chicken & Sweetcorn Pie with Gravy	Battered Fish Fillet or Salmon Fishcake
Vegetarian	Vegan Sausages	Sweet & Sour vegetable stir fry	Vegetable Lasagne	Quorn mince & Sweetcorn Pie with gravy	Vegetable Fingers
Daily	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta
Carbohydrate	Mashed potatoes	Noodles	included	Herb Roasted Potatoes	Chips
Vegetable 1	Broccoli Sweetcorn	Green beans Carrots	Mixed vegetables Green salad	Green beans Cauliflower	Peas Baked beans
Vegetable 2					
Dessert	Lemon Sponge with Custard Sauce	Apple & Berry Crumble served with Custard sauce	Vanilla Muffin	Fruit Jelly	Ice Cream with Fresh Fruit Wedges

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Cottage Pie	Caribbean style Chicken curry	Roast Chicken	Beef Bolognaise	Baked Fish Fingers
Vegetarian	Butternut Squash & Sweet Pepper Pie	Sweet Potato & Spinach curry	Macaroni Cheese	Quorn Bolognaise	Pizza Margherita
Daily	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta
Carbohydrate	included	Rice	Roast Potatoes	Fusilli Pasta	Chips
Vegetable 1	Green beans Sweetcorn	Broccoli Mixed peppers	Green Cabbage Carrots	Cauliflower Mixed vegetables	Peas Baked beans
Vegetable 2					
Dessert	Lemon Shortbread	Berry Muffin	Apple Pie served with custard sauce	Chocolate Brownie	Ice Cream with Fresh Fruit Wedges

Available Daily

Salad Selection	Salad Selection	Salad Selection	Salad Selection
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Freshly made bread	Freshly made bread	Freshly made bread	Freshly made bread
Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter
Fresh Yoghurt pots	Fresh Yoghurt pots	Fresh Yoghurt pots	Fresh Yoghurt pots

Staff Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day with a warm roll	Pesto pasta salad	Chicken Tikka with rice & raita	Tuna & Spinach pasta bake	Fish / chips & mushy peas

Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Beef tacos served with salad / salsa / grated cheese / guacamole	Coronation Chicken salad with naan bread	Roast Chicken with stuffing / yorkshire pudding & gravy	Veggie Bean Burger with salad & salsa	Fish Finger Bap with Tartare sauce, salad & lemon