

P.E- Races



- 1) Adults to set up a selection of P.E items in hoops.
- 2) Pupils to pick up one item, run to the hoop at the other end of the outside area/playground and place the object inside.
- 3) Pupils to continue to repeat until items are gone from the first hoop.

Extension ideas:

- Can split children into teams.
- It can be a race using keywords of 1st, 2nd, 3rd.
- Can incorporate P.E equipment into the race e.g. walking along benches, rolling across mats.

Key words

Go

Stop

Fast

Slow

1st, 2nd, 3rd

Wait

Resources you may need

Bean bags

Hoops

Balls

Large PE equipment