

Australia Sensory Massage: Australia Here We come (All music on Youtube)

Song National anthem of Australia - Advance Australia Fair (lyrics)

<https://www.youtube.com/watch?v=Yl8eKxl-zeU>

Action: Intro Topic -body warm up/ physio moves. Wave Australia flag

Vocab: Australia

Song: "Give me a home among the gumtrees by Bob Brown"

<https://www.youtube.com/watch?v=MLWzPQmd5sc>

Action: rocking/ quickly

Vocab: forwards/ backwards

Song: " Kookaburra Song Australia" <https://www.youtube.com/watch?v=p2VitpGRalw>

Action: Patting limbs: "1,2.3.4"

Vocab: 1,2,3,4

Song: "Digeridoo Sounds- (chill out music for relaxation/ Meditation/ Yoga/ Lounge/ Entspannungsmusik) https://www.youtube.com/watch?v=Ey5Fyc2i_GO

Action: Slow massage/ cascade (long pressured strokes along limbs)

Vocab: Slow

Song: "Skippy the bush kangaroo theme song (Eric Jupp)"

<https://www.youtube.com/watch?v=M7xHyYWUxXI>

Action: up and down legs- like kangaroo jumping

Vocab: Up/ down/ jump/ kangaroo/ bounce

Song: "Gotye Somebody that I used to know- lyrics"

<https://www.youtube.com/watch?v=Q7DtJJSPsk>

Action: 1,2 "walking" with feet

Vocab: 1,2, feet

Song: "Waltzing Matilda- lyrics" <https://www.youtube.com/watch?v=2DSil5RriU>

Action: SIDE TO SIDE- swaying

Vocab: side to side- waltzing

Song: "Men at work- Land down under – lyrics"

<https://www.youtube.com/watch?v=EeeBH294v6I>

Action: UNDER: cloth/ material/ tent/ parachute

Vocab: Under, igloo, white, cold

Song: "Amazing Tropical Australia with wonderful Chill out Music"

<https://www.youtube.com/watch?v=ziJHWsWQLk4>

Action: Rocking and relaxation

Vocab: calm, relax, rocking