

## Activity – Africa- Juice Making

### Key areas of learning:

- Fruits exploration
- Colour recognition
- Fine motor skills
- Reading

### What you will need:

- Plates
- Knife
- Cups
- Hand juicer
- Straws
- Lime
- Lemon
- Orange

### Keywords:

Cut, Squeeze, Pour, Taste, Orange, Lime, Lemon

### What to do:

- Lay all the fruits out on the table
- Encourage your child to explore the different fruits with their hands and by smelling them
- Encourage your child to find the correct fruits when shown a symbol
- Encourage your child to cut all fruits in half using a safe knife. Use hand over hand if needed.
- Encourage your child to squeeze the fruit, causing the juice to pour into the cup, or allow your child to use the hand juicer with your support
- Sit with your child and relax whilst drinking some juice!

### Extension:

- **Why not try some tropical fruits, such as: mango, pineapples, banana and watermelons?**

### Attachments:



## Activity – Africa- Shaker

### Key areas of learning:

- Shapes
- Colour recognition
- Fine motor skills
- Reading
- Prepositions

### What you will need:

- Toilet rolls (1 per shaker)
- Duct tape
- Milk bottle caps (2 per shaker)
- Dried beans, rice, lentils or similar to make the shaking sound
- A variety of coloured paint/ felt-tips
- Paint brush

### Keywords:

Shake

### What to do:

- Support your child to stick a milk bottle cap on to the end of a toilet roll with duct tape.
- Encourage your child to fill the toilet roll with their chosen sensory media.
- Support your child to tape another lid on to the other end of the toilet roll enclosing the sensory media.
- Encourage your child to make patterns by using paint or felt-tips.
- Model shaking the shaker and then encourage your child to do the same!
- Shake and dance!!

### Extension:

- **Why not try make some more shakers using a different sensory media, to hear what sound it creates**

### Attachments:



## Activity – Africa- Lets make a necklace!

### Key areas of learning:

- Colour recognition
- Fine motor skills
- Reading

### What you will need:

- Dry pasta shapes
- Paper plate
- Scissors
- Pencil
- White glue
- String
- Paintbrushes
- Blue, green, red, yellow, orange, black and white paint

### Keywords:

Pasta, Plate, Colours, Paint, Stick

### What to do:

- Encourage your child to paint some dry pasta in their chosen colours and leave the pasta to dry.
- While you and your child wait for it to dry, support your child in cutting a slit into the edge of their paper plate and then cut out the middle of the plate. The slit will allow your child to put the necklace on and take it off easily.
- Allow your child to use different coloured paint to draw a pattern onto the paper plate.
- When it has dried, support your child in using the white glue to stick some of the painted pasta around the edges of the plate.
- Make seven hanging strings, that are about the same length, by threading the string through the pasta. Help your child to tie knots at both ends of the string.
- Use glue to stick the seven hanging strings to the bottom of your African necklace.

### Attachments:

