

Activity – My teeth, hair, socks and shoes

Key areas of learning:

- Fine motor skills
- Life skills

What you will need:

- Toothbrush
- Comb/brush
- Socks
- Shoes/trainers
- Mirror

Keywords:

Brush, teeth, comb, hair, put on, socks, shoes

What to do:

- Encourage your child to hold their tooth brush properly and brush their teeth, whilst looking at the mirror
- Encourage your child to comb their hair, whilst looking at the mirror
- Encourage your child to put on their socks, even if you have to place their socks at the tip of their toes
- Encourage your child to put on their shoes, or to strap the Velcro

Examples:

