

★ Peppa Pig: What Can You Do In 1 Minute? ★

You Do In 1 Minute? ★

Movement Cards



Peppa Pig: What Can You Do In 1 Minute? Movement Cards

How many **star jumps** can you do in one minute?



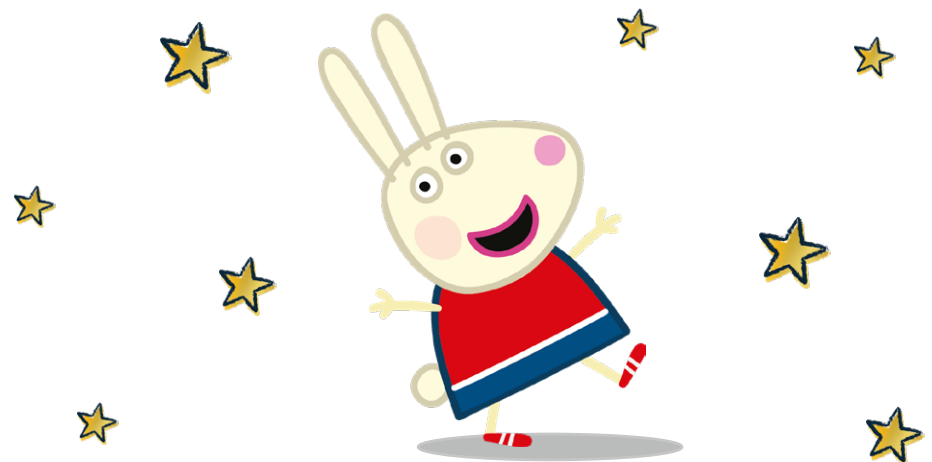
Peppa Pig: What Can You Do In 1 Minute? Movement Cards

How many times can you **touch your toes** in one minute?



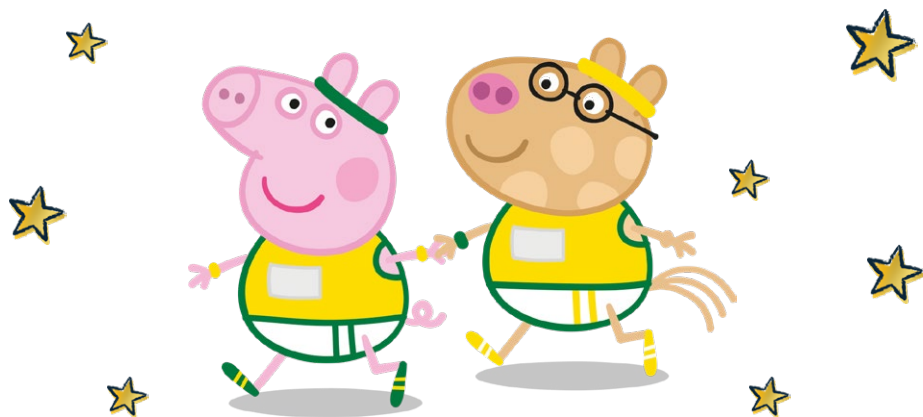
Peppa Pig: What Can You Do In 1 Minute? Movement Cards

Can you stand on **one foot** for one minute?



Peppa Pig: What Can You Do In 1 Minute? Movement Challenges

How many times can you **run** from one side of a room or garden to the other in one minute?



Peppa Pig: What Can You Do In 1 Minute? Movement Challenges

How many **high knees** can you do in one minute?



Peppa Pig: What Can You Do In 1 Minute? Movement Challenges

How many **press-ups** can you do in one minute?



Peppa Pig: What Can You Do In 1 Minute? Movement Challenges

Can you hold a **plank** for one minute?



Can you **hula-hoop** for one minute?

