

## **Six-Week Learning Pack**

### **Summer Holidays**

#### **EYFS Pathway**

#### **Week One:**

#### **Theme: The Gingerbread Man**

#### **Reading: <https://www.youtube.com/watch?v=pckuS--UIV4>**

- Watch the story together
- Talk about the different animals in the story
- Retell the story using the 'run, run' refrain

#### **Maths:**

1. Prepare some sticky notes with various numbers and place them in front of the children armed with fly swatters or just hands. The goal of this simple yet fun game is for the little ones to identify the number on the dice and match it with the ones written on sticky notes before smacking the correct answer with a fly swatter or just hands!
2. Children often enjoy counting for their own enjoyment, recounting things they have counted before, arranging or lining up objects, filling and emptying containers of objects, making choices about what they like to count and having favourites. Adults could demonstrate counting rhythmically, using different ways to keep track when counting objects, pausing to say how many they have counted so far, putting objects into groups and representing amounts using drawings or symbols.

#### **Science: Help The Gingerbread Man**

- Think of ways to help the Gingerbread Man cross the river so that he doesn't get eaten by the fox.
- Use lego/duplo to make a bridge
- Use paper/ card/ old boxes to make a bridge
- Make a paper boat-will it float?

#### **Art: Salt Dough**

- 1 cupful of plain flour (about 250g)
- half a cupful of table salt (about 125g)
- half a cupful of water (about 125ml)

### **Method**

1. Preheat the oven to its lowest setting and line a baking sheet with baking parchment.
2. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball.
3. Transfer the dough to a floured work surface and shape into your chosen model. You can roll it out and cut out shapes, numbers or letters using biscuit cutters, or make any kind of model you can think of. We made some fruit and veg shapes plus cupcakes for a teddy bear's picnic.
4. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid.
5. Leave to cool and then paint.

### **P.E.:**

Run like the Gingerbread Man!

Run races against your friends/family-who is the fastest?

### **Weekly recipe:** Gingerbread Men

#### Ingredients

- 225g plain flour, plus extra for dusting
- ½ tsp salt
- 2 tsp bicarbonate of soda
- 1 heaped tsp ground ginger

- ½ tsp cinnamon
- 50g unsalted butter
- 100g soft brown sugar
- 100g golden syrup



Method

- **STEP 1**

Heat oven to 190C/170C fan/gas 5 and line a baking tray with baking parchment. Sieve the flour, salt, bicarb, ginger and cinnamon into a large bowl. Heat the butter, sugar and syrup until dissolved. Leave the sugar mixture to cool slightly, then mix into the dry ingredients to form a dough. Chill the dough in the fridge for 30 mins.

- **STEP 2**

On a surface lightly dusted with flour, roll out the dough to a ¼-inch thickness. Stamp out the gingerbread men shapes with a cutter, then re-roll any off-cuts and repeat. Place your gingerbread shapes on the lined trays, allowing space for them to spread. Cook for 10-15 mins, then remove from the oven and leave to cool.

**Week Two:**

**Theme: Jack and the Beanstalk**

**Reading:** <https://www.youtube.com/watch?v=-qxtmahpBwM>

- Watch the story together
- Point out the main characters
- Repeat the refrain

**Maths:** Measuring

### 1. **Measure Me!**

The child lies down and the adult 'measures' the child, by putting a marker by head and feet, then stretching a piece of tape as long as the child. They find out how many pens will match this, carefully placed end to end, making sure they are straight, with no gaps or overlaps. Repeat with other things of uniform length, some long, some short (such as rolled up sheets of newspaper, spoons, buttons, Lego or Duplo bricks) to make several 'trails' of equal length and compare the results.

### 2. **Car Races**

This is a great activity to promote measuring. Simply place a long cardboard tube at an angle to provide a slope and measure out a long strip of paper to add to the bottom. Encourage your child to take turns releasing toy cars [or balls/cotton reels] at the top of the slope and watch them roll down the tube and out onto the paper. Adults can add numbers to the paper to measure how far the car rolled to extend the activity.

## **Science:** Grow a bean

You can grow a bean plant using an old jar or a ziplock bag. Why don't you try having a race with someone else at home to see who can grow theirs the quickest! It could take two weeks, so lots of time to watch and see what happens!

Getting ready

Ask an adult to help you find these things:

- broad bean seed
- saucer
- water
- glass jar
- a piece of kitchen towel or a napkin

Ready to start growing?

### **Step 1**

Soak the broad bean seed in some water on a saucer for one hour.

### **Step 2**

Swirl some water around in your jar, then tip it out.

Leave the jar wet – don't dry it.

The seed will need that bit of water to begin to grow.

### **Step 3**

Roll up a piece of kitchen towel or a napkin and put it inside the jar, pressing it against the glass.

Then, slip your bean seed in between the napkin and the glass.

### **Step 4**

Put the jar with the bean in it on a windowsill where it will get plenty of light.

Use a plant spray or a spoon to sprinkle a little water on it every day. Too much water can be bad for plants so make sure it's damp rather than wet.

Can you name two things that plants need to grow well?

### **Step 5**

After a few days your bean should start to sprout roots.

This is called germination.

Then, the bean will start to grow a stem too.

The stem should grow upwards, as it looks for the light.

### **Step 6**

After about 10 days your bean seed should have grown a bigger stem and some leaves. It is now a little bean plant.

To make sure it keeps growing and produces broad beans you can eat, carefully take it out of the jar and plant it in a large pot with some soil, watering often.

You can keep your pot inside during the winter, or outside during the summer.

**Art:**

Make a collage using different seeds and beans [check they are safe to



use]

**P.E.:** Climbing!

When you are at the park use the climbing frame to climb as if it was a beanstalk.

Then try walking like the giant-big heavy stamps or tip toe like Jack

**Weekly recipe:** Beans on Toast!

A tasty snack or lunch.

Try using different bread or even rolls to add interest.

Add barbeque sauce or Worcestershire sauce to the beans.

Top the beans with grated cheese.

**Week Three:**

**Theme:** Little Red Riding Hood

**Reading:** <https://www.youtube.com/watch?v=LDMWJCrDVMl>

- watch the story together
- talk about what Red Riding Hood did and what she should have done
- Repeat the wolf's refrain

## Maths: Shapes

- Go on a shape hunt around the house
- How many circles, squares, triangles, rectangles can you find?
- Draw around some of the shape objects

## 3D Shape feely bag

- Use shapes from a shape sorter if you have one or use some of the shape objects you found in the house [ball/box/remote control etc]
- Put them in a bag that you can't see through
- Let your child put their hand in and explore the shape- talk about how the shape feels]

## Art: Potato printing

### What do you need?

- **Potatoes!**
- **Paint**
- **Knife (adult to do this part only)**
- **Chopping board**
- **Paper**

### Step 1:

Decide what shapes/letters you are going to make from your potato print. Cut them out carefully (adults only!) with a knife and 'ta dar' your very own Potato Printers are complete!

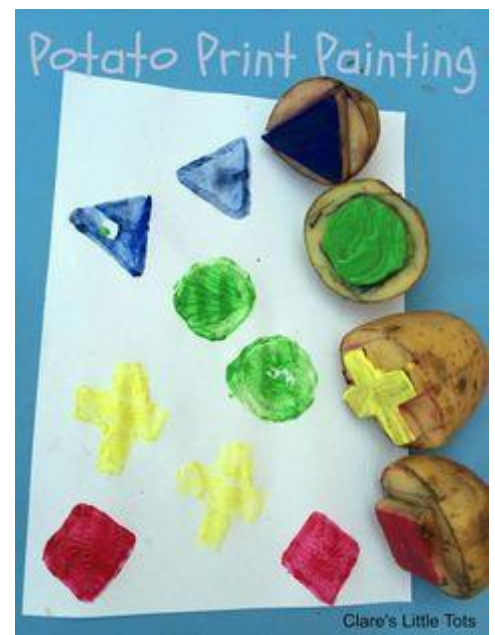
### Step 2.

**Dab the potato with kitchen roll/ leave it to dry for a little bit, so that it's easier to get the paint onto it.**

### Step 3:

Either dip your Potato Printer into some paint, or we found the easiest way (less messy way!) is to use a paint brush and paint the potato printer.

### Step 4:



Have fun! Press the potato printers onto your paper or card and enjoy making new patterns and pictures.

### **Weekly recipe: Sandwiches**

- **Choose your bread and butter it.**
- **Add fillings- cut cucumber, grated cheese, jam or marmite [ask a grown up to help with cutting**
- **Add fillings to one piece of bread and then add the other piece on top.**
- **Cut into squares or triangles or use a cookie cutter to make shapes.**
- **Go to the park, back garden or inside if it's raining and have a picnic**