

**Ten Pin Bowling:**

Make some bowling pins using old bottles



**Plastic cup bowling**



**Football bowling:**



**Make a ball:** (if you don't have a ball)

Roll up a pair of socks



**Balloon play:** Walking with the balloon between your legs



Keep it up with a fly swat or rolled up paper



Blow the balloon how far can it go!



Tie the balloon up so you can hit it



**Bed sheet parachute:**

Hold the corners and swing it up and down.  
Add some soft toys and watch them fly



**Up and over:**

Make a path where you have to step over or jump over the boxes or cushions.



**Cushion pathway:**

Create a pathway made out of cushions, Watch out the floor might be lava!



**Stepping stones:**

Using coloured paper or paper plates or newspaper to create a pathway where you can jump from one to the other to make it across the floor, watch out the floor might be water!



**Washing basket fun:**

Load up your toys and take them for a ride, can sing wheels on the bus, toot toot big red car while pushing your toys around.



**Counting made fun:**

Load up your soft toys and use kitchen tongs to pick them up and drop them in a box or another basket- Don't forget to count them as you drop them!



**Nothing but basket!:**

Using beanbags or rolled up socks see if you can get them in the basket from a far.



**Sensory bottles:**

Make some sensory bottles  
Using old bottles:  
Add water and food colouring to make different colours  
Add some rice, pasta, or scrunched up kitchen foil.  
Give them a shake and see and hear what happens



**Making forts:**

Using what you have such as sheets and blankets move the furniture around to hold up the sheets.

