



Parent and Carer support in Croydon

CARERS SUPPORT CENTRE

The Carers Support Centre is the one-stop shop for carers in Croydon. Carers can call Monday to Friday 10am - 4pm for information, advice and support
Carers Support Centre, 24 George Street, Croydon, CR0 1PB
(opposite George Street tram stop)

Call: 020 8649 9339, option 1

Email: info@carersinfo.org.uk

www.carersinfo.org.uk

MIND IN CROYDON

A support group in Croydon that can offer a range of support through promoting good mental health for carers and relatives.

Telephone 020 8668 2210

Opening hours Monday—Friday 9-5pm

www.mindincroydon.org.uk

24 hour helplines

Helpline for residents of the London Borough of Croydon.

Mental Health Support Crisis Line (24/7)

Tel: 0800 731 2864

SALVATION ARMY

Supporting poverty and emergency assistance

Booth Road Lower

Church Street Croydon CR0 1XY

email: croydon@salvationarmy.org.uk

Call: 020 8680 9924

www.salvationarmy.org.uk/cro

SAMARITANS

116 123 (free call)

This is a confidential, emotional support service. Talk to them anytime you like, in your own way, and off the record.

www.samaritans.org



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PARENTS IN PARTNERSHIP

PiP work with parent carers of children and young people with additional needs and disabilities aged 0-25 living in Croydon.

Their aim is to improve lives of parents by providing specialist support, expert training and up to date local knowledge and information.

Telephone: 020 8663 5626

www.pipcroydon.com

FJC

The FJC can provide you and your family with support and a safety plan. Their aim is to listen and respond to your needs in a safe way. The FJC is open for drop-ins and appointments.

Telephone: 020 8688 0100

NATIONAL DOMESTIC VIOLENCE HELPLINE

Do you know someone who is experiencing abuse and may need help and support?
Freephone 24 Hours

Telephone: 0808 2000 247

www.croydon.gov.uk/community/dabuse/domestic-abuse

BROMLEY AND CROYDON WOMENS AID

BCWA aims to empower anyone suffering domestic abuse so they can make informed choices about their future.

Their services are confidential, non-judgmental and respectful of diversity.

Refuge, Support, Prevention

Telephone: 020 8313 9303
