

Sensory bags



The How To

To make these really cool sensory bags, all you need is some hair gel, zip lock bags, and food colouring. I purchased hair gel from the pound shop and used food colouring that comes in tubes to make the bright colours...

I filled each Ziploc bag with about 1/4 to 1/2 cup of hair gel and added some food colouring to get the bright colours. The yellow hair gel worked as well as the clear gel and it smelled great!



After adding the gel and food colour to the bags, I used clear packing tape to seal the top of the bags...

Then blended the gel and colour after the bags were sealed.





To remove the Ziploc print from the bag all you need is to lightly rub the white letters and symbols with a very little nail polish remover and a sponge and the white print will come off – easy peasy...

Why We Love the Colourful Sensory Bags

The combination of bright colours and the cool feel to the touch and the gel texture makes them irresistible...

Also you can make them for different seasons and celebrations



Add creepy crawlies, eyes and autumn colours for Halloween

Draw a Christmas tree on the outside and encourage your child to move the beads to decorate the tree

