

**WEEK 1 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec.**

Monday	Tuesday Italian Day	Wednesday	Thursday	Friday
Cheese and Pesto Pinwheel with Golden Rice (v)	Beef Meatballs with Spaghetti or Roasted Vegetable Lasagne (v)	Roast Chicken with Roast Potatoes and Gravy	Sweet and Sour Chicken with Rice	Fish and Chips
Vegetable Chow Mein (v)		Winter Vegetable Hot Pot (v)	Roasted Tomato Frittata (v)	BBQ Veggie Sausage and Chips (v)
Pasta Bar with Tomato Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Beef Bolognese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette
Sweetcorn Broccoli	Green Beans Cauliflower	Carrots Cabbage	Broccoli Sweetcorn	Peas Baked Beans
Apple Eve's Pudding with Custard	Fruit Layer Slice	Fruit Jelly	Winter Chocolate Brownie	Fresh Fruit Salad with Ice Cream

**WEEK 2 9th Sept, 30th Sept, 11th Nov, 2nd Dec**

Monday	Tuesday	Wednesday Traditional	Thursday	Friday
Macaroni Cheese (v)	BBQ Chicken Wrap with Salad	Roast Turkey with Mashed Potatoes and Gravy	Beef Bolognese with Pasta	Fish Fingers and Chips
Spanish Frittata (v)	5 Bean Chilli with Rice (v)	Winter Vegetable Wellington with Mashed Potatoes and Gravy (v)	Vegetable Biryani (v)	Cheese and Tomato Pizza with Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce	Pasta Bar with Nut Free Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Beef Bolognese
Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette
Sweetcorn Carrots	Peas Green Beans	Carrots Parsnips	Cauliflower Broccoli	Peas Baked Beans
Apple Crumble Slice with Custard	Fruit Jelly	Iced Carrot Cake	Sticky Toffee Cake with Custard	Fresh Fruit Salad with Yoghurt

**WEEK 3 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec**

Monday	Tuesday	Wednesday	Thursday Pizza Bar	Friday
Creamy Roasted Tomato and Pesto Pasta Bake (v)	Chicken Curry with Rice	Roast Beef with Roast Potatoes and Gravy	Meat Feast or Tuna and Sweetcorn or Veggie Roma (v) Served with Coleslaw	Battered Fish and Chips
Chickpea Curry with Rice (v)	Vegan Sausages with Mashed Potatoes and Gravy (v)	Vegetable Pot Pie with Roast Potatoes and Gravy (v)		Veggie Nuggets and Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Cheese Sauce	Pasta Bar with Beef Bolognese	Jacket Potato with Baked Beans, Cheese or Salmon Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette	Cheese, Tuna Mayo or Egg Mayo Baguette
Whole Green Beans Cauliflower	Sweetcorn Broccoli	Carrots Cabbage	Sweetcorn Mixed Peppers	Peas Baked Beans
Fruit Shortbread	Lemon Drizzle Cake	Fruit Jelly	Pear and Chocolate Sponge with Chocolate Custard	Fresh Fruit Salad with Yoghurt

**(v) Vegetarian option**

**Fresh seasonal salad and bread available daily.**

**Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.**

**Allergens**

**A gluten free and dairy free menu is available on request, please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) please detail on the email, the name of the school your child will be attending. You will then be sent the Gluten or Dairy free menu for that school, you have to complete the menu choice and return to [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) - should no menu be returned your child will not receive an allergy free menu. If your child has multiple allergies, please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) and we will talk directly to you.**

**All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.**

**Coconut**

**Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.**